**Identity and Access Management (IAM)** in technology refers to the discipline that manages how users access digital resources and defines their permissions. [It ensures authorized access while keeping hackers out and maintaining security1](https://www.iamlearningcontent.com/free-courses)[2](https://alison.com/course/identity-and-access-management)[3](https://careerkarma.com/blog/identity-access-management/).

Here are **five free resources** where you can learn more about IAM:

1. [**IBM’s IAM Overview**: Explore IBM’s detailed explanation of IAM, including its core components and importance1](https://www.iamlearningcontent.com/free-courses).
2. [**Microsoft Security’s IAM Explanation**: Discover how IAM secures an organization’s data and resources, regardless of where employees work](https://www.iamlearningcontent.com/free-courses)[2](https://alison.com/course/identity-and-access-management).
3. [**Auth0’s Introduction to IAM**: Learn about IAM’s control over user validation and resource access, ensuring the right people access the right resources at the right time](https://www.iamlearningcontent.com/free-courses)[3](https://careerkarma.com/blog/identity-access-management/).
4. [**iAM Learning’s Free Courses**: Access various free eLearning courses on topics like stress awareness, resilience, and more](https://www.iamlearningcontent.com/free-courses)[4](https://www.ibm.com/topics/identity-access-management).
5. [**Alison’s IAM Training Course**: Dive into IAM tools, technology, and organizational processes used for network security and practical implementation of IAM solutions](https://www.iamlearningcontent.com/free-courses)[5](https://www.microsoft.com/en-us/security/business/security-101/what-is-identity-access-management-iam).

Feel free to explore these resources to enhance your understanding of IAM! 🌟